

Tanzania PAYE Tax Table 2026

Monthly income tax (PAYE) brackets for Tanzania Mainland, as published by the Tanzania Revenue Authority (TRA). Valid for 2025/26 and 2026/27.

PAYE brackets (monthly taxable income)

Monthly taxable income (TZS)	Rate	PAYE due
0 – 270,000	0%	Nil
270,001 – 520,000	8%	8% of the amount over 270,000
520,001 – 760,000	20%	20,000 + 20% of the amount over 520,000
760,001 – 1,000,000	25%	68,000 + 25% of the amount over 760,000
Above 1,000,000	30%	128,000 + 30% of the amount over 1,000,000

Taxable income = gross salary minus the employee NSSF contribution (10%). Non-resident employees pay a flat 15% on gross. Secondary employment is taxed at 30%.

How to calculate PAYE and your take home pay

1. Start with gross monthly salary.
2. Subtract employee NSSF (10% of gross) to get taxable income.
3. Find the bracket your taxable income falls in and apply the formula above — that is the PAYE due.
4. Take home pay (net salary) = gross – NSSF – PAYE (– NHIF, if your employer deducts it).

Example: gross TZS 1,000,000 → NSSF 100,000 → taxable 900,000 → PAYE = 68,000 + 25% × (900,000 – 760,000) = **103,000** → take home pay **TZS 797,000**.

PAYE and take home pay at common salaries (TZS / month)

Gross salary	NSSF 10%	Taxable	PAYE	Take home pay	Effective PAYE
300,000	30,000	270,000	0	270,000	0.0%
400,000	40,000	360,000	7,200	352,800	1.8%
500,000	50,000	450,000	14,400	435,600	2.9%
600,000	60,000	540,000	24,000	516,000	4.0%
800,000	80,000	720,000	60,000	660,000	7.5%
1,000,000	100,000	900,000	103,000	797,000	10.3%
1,200,000	120,000	1,080,000	152,000	928,000	12.7%
1,500,000	150,000	1,350,000	233,000	1,117,000	15.5%
2,000,000	200,000	1,800,000	368,000	1,432,000	18.4%
3,000,000	300,000	2,700,000	638,000	2,062,000	21.3%
5,000,000	500,000	4,500,000	1,178,000	3,322,000	23.6%

NSSF at the statutory 10% employee rate; NHIF excluded. Figures rounded to the nearest shilling.

Employer payroll costs (not deducted from the employee)

NSSF employer share 10% of gross · **SDL** (Skills Development Levy) 3.5% of gross emoluments, employers with 10+ staff · **WCF** (Workers Compensation Fund) 0.5% of gross emoluments.

PAYE is paid to TRA by the 7th of the following month.

Calculate your exact PAYE and take home pay online, free: tawala.co.tz/tools/payee-calculator

Run payroll for your whole team — PAYE, NSSF, SDL and WCF computed and filed automatically — with Tawala HR & Payroll: tawala.co.tz/solutions/hrm

Source: Tanzania Revenue Authority, Income Tax for Individuals; Income Tax Act Cap. 332, First Schedule. This summary is for guidance only and is not tax advice. © 2026 Tawala · tawala.co.tz